

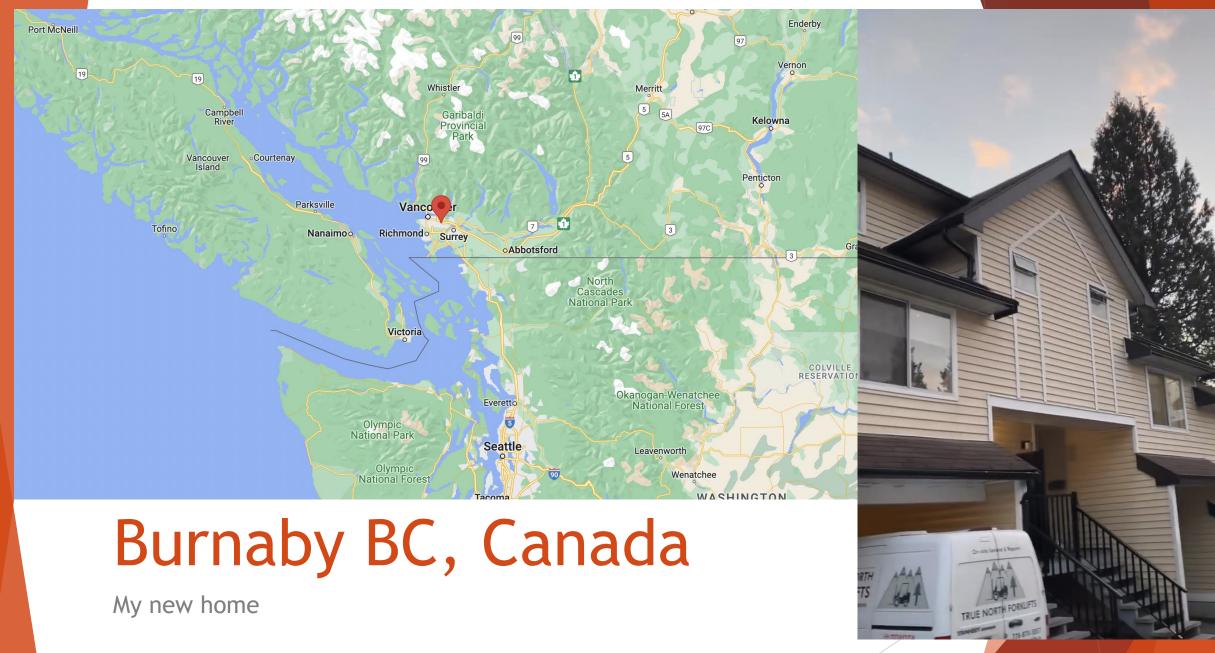
#### January 24th

When everything started









#### My host-family





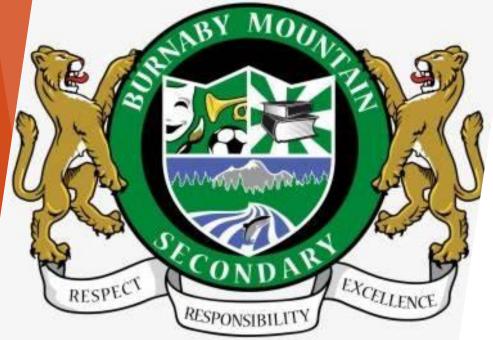
Lexie

Johannes (Jay)

Host-brother from Germany







Burnaby Mountain Secondary School

School day be like:

- 8:40/9:10 Flex Time

- 9:10/10:23 Period 1

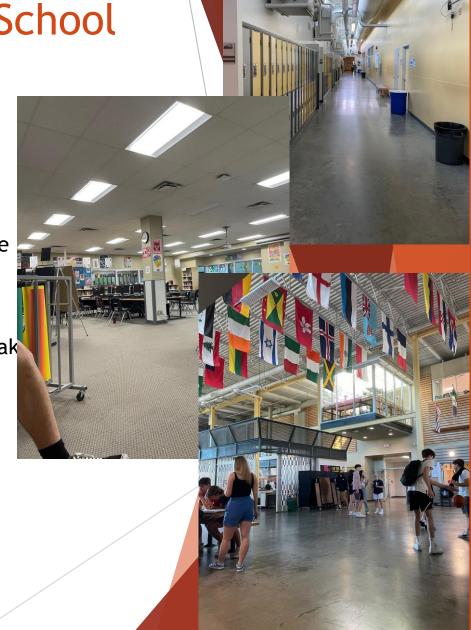
- 10:23/10:38 Break Time

- 10:38/11:51 Period 2

- 11:51/12:36 Lunch Break

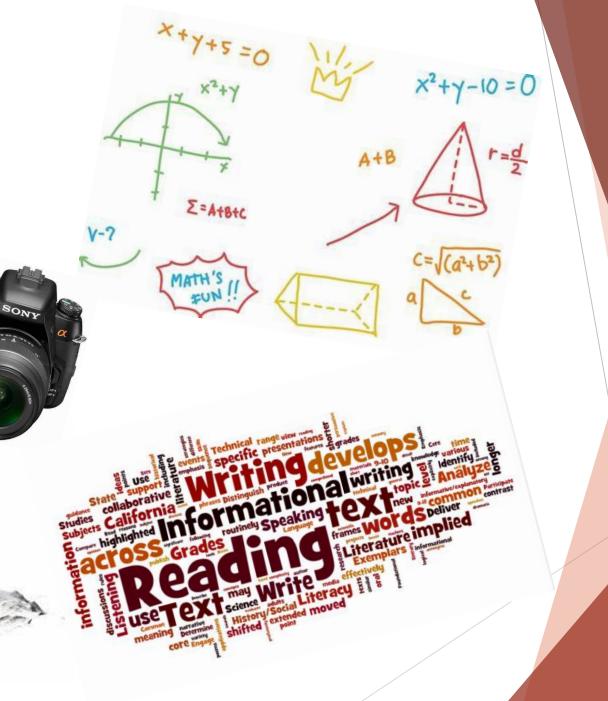
- 12:36/1:48 Period 3

- 1:53/3:05 Period 4



#### My courses

- English
- Pre-Calculus
- Physical Geography
- Photography



Some photography assignments









## Sports and Clubs Dance Club



Gym, create a routine

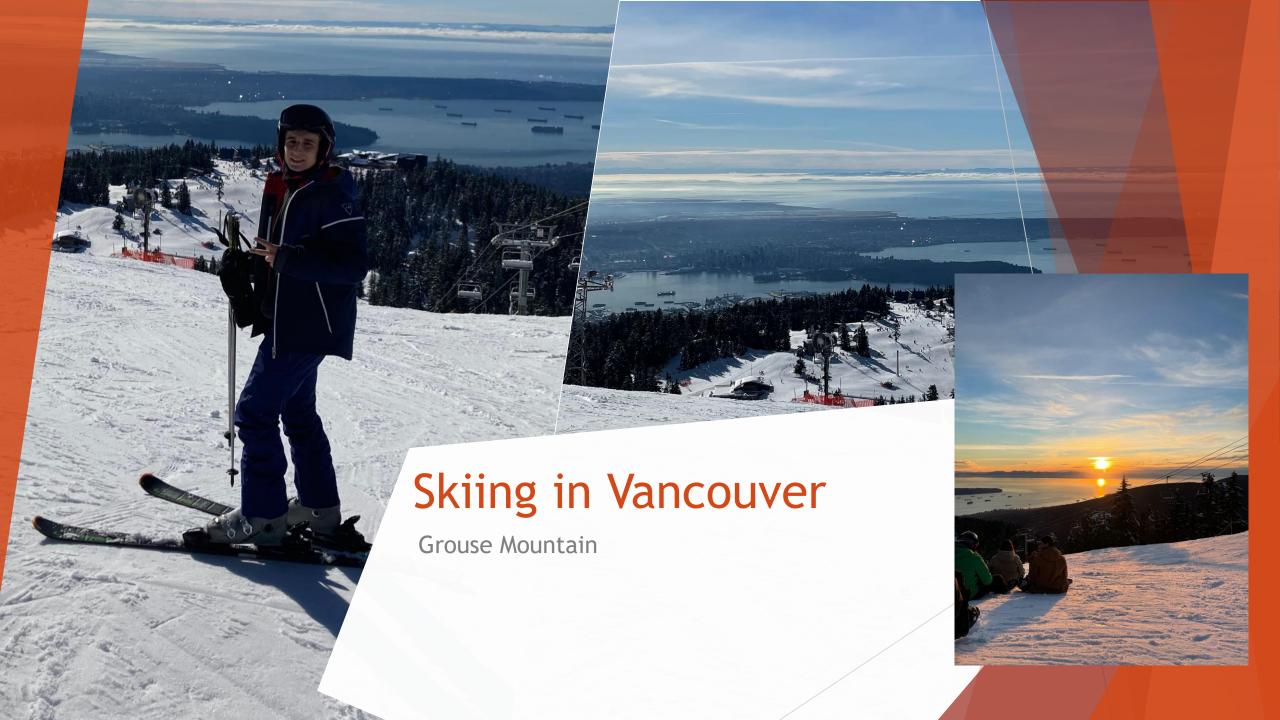


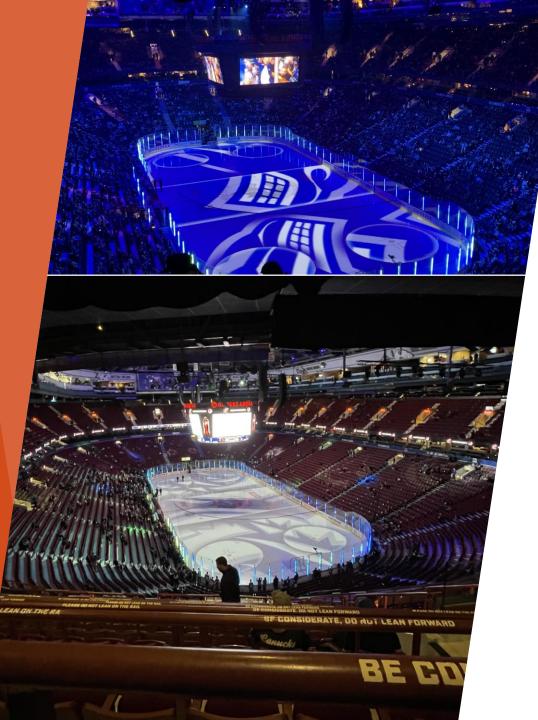




Food in British Columbia





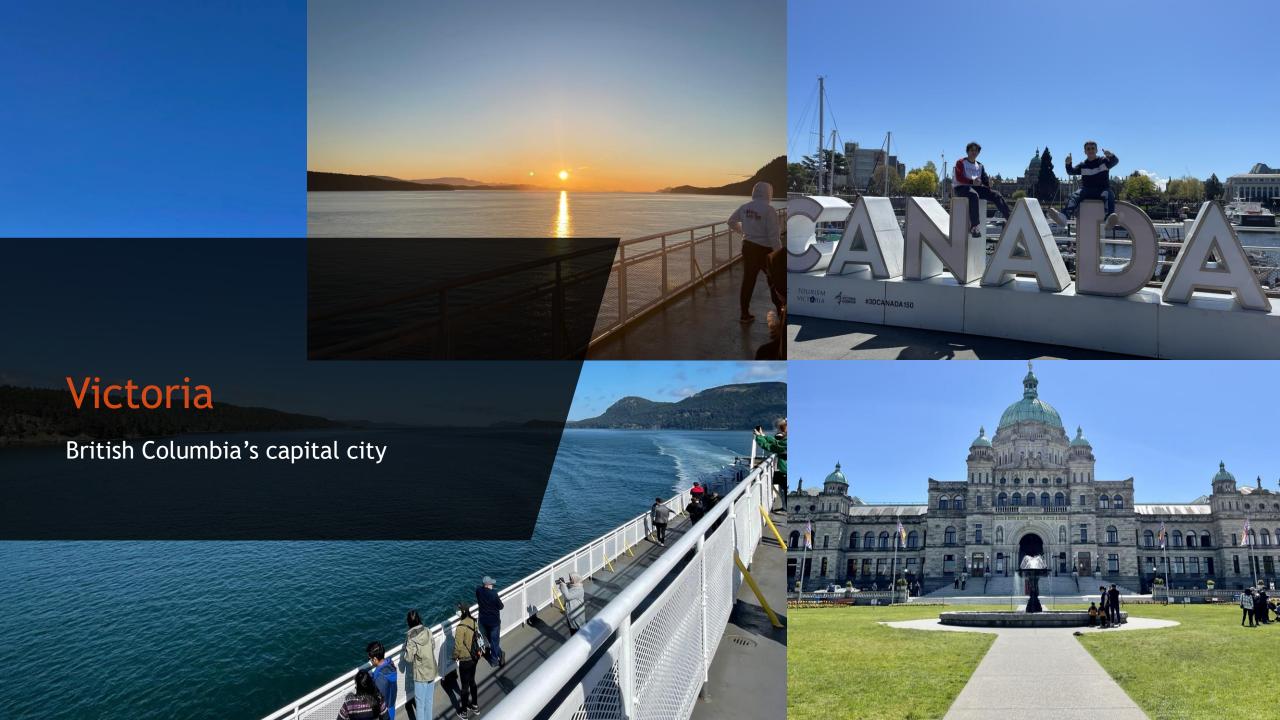


#### Go Canucks Go!!

Watching a hockey game













#### Prom!

Time to shine

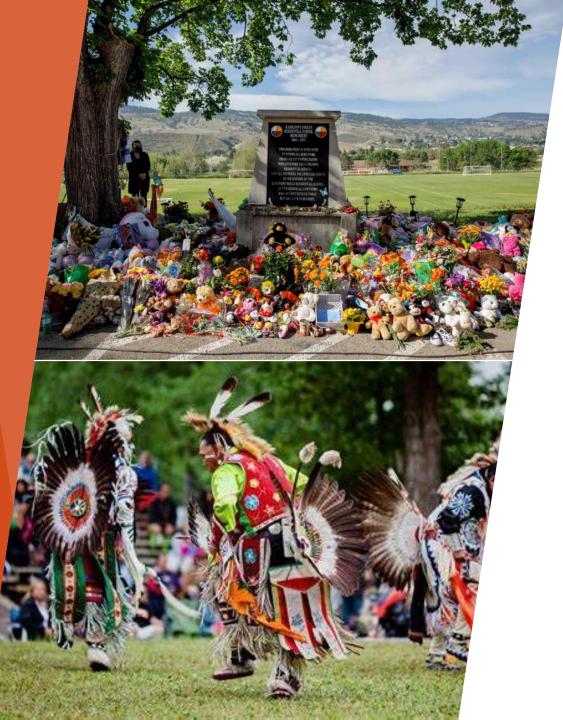




#### Canada vs Italy



- School
- Work
- Food
- Life quality and cost of living
- Security
- Transports and distances
- Nature and wildlife
- Multi-ethnitcity and immigration



### Indigenous people

Traditions must be preserved

#### Making new friends





Stop overthinking, break the bubble!





#### Comfort zone

Your mind deceives you

# CHANGE IS GOOD

#### Change

Don't resist it, embrace it

