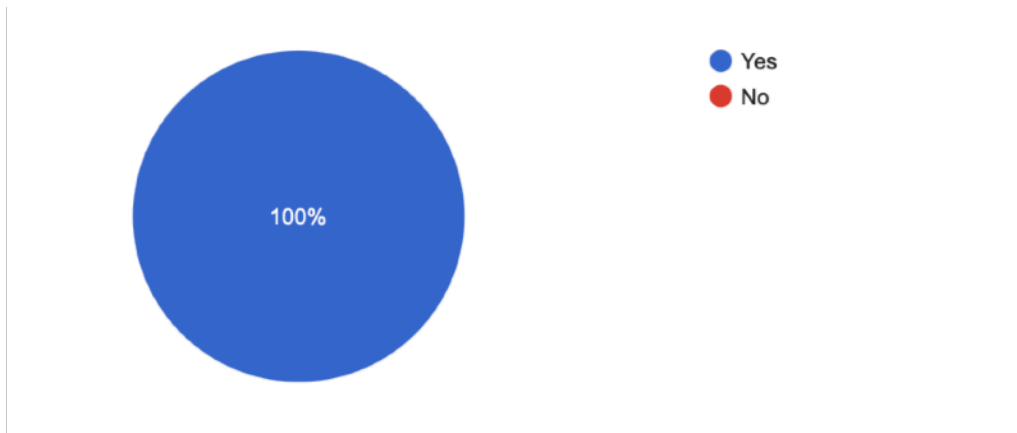


1. Did you find it useful and / or interesting to participate in this ERASMUS PROJECT?



- During this week I spoke English so I think my speaking improved, I had fun and I met new people from Finland and Romania and I learned a lot of things about other countries
- I believe this has been a personal growth for me to learn about different cultures and customs from ours but above all my English has improved a lot
- I don't have words to express how happy I am to be accepted into Erasmus project! It was such an amazing and wonderful experience. It was the perfect combination between fun and also learning. I am so grateful I was here and was part of this project, I will try my best to participate in the next ones also
- Because it allows you to learn about other cultures, practice your English and work together to feel more connected with nature
- Because I had a lot of fun and I made new friends. It was also a great experience to speak English everyday with other people
- We got to know other cultures and nature better
- It was a wonderful experience, I met many new people and discovered new things about Milan and my country but also about others, I improved my level of English
- My English got better

- It was interesting because I knew two different cultures from mine
- Yes, because this experience has enriched me a lot, introduced me to new cultures and above all new people
- I find really useful because I met so many different people in Italy and I learned about the Italian culture. I also learned a lot about the nature and how should I protect it
- Because in this project I understood the importance of know other cultures, similar or completely different, because every culture is beautiful and and interesting
- This experience has helped me a lot from the linguistic point of view and from the point of view of friendships
- I loved being a part of the Erasmus + project because I got the chance to meet a lot of wonderful people and make new friends
- Because I improved my English, met new people even though they didn't speak Italian
- I answered yes because thanks to this project I met a lot of people and made a lot of new friends
- I got to learn more about other cultures
- I was interested in meeting more about other cultures and see them close by living in our hosts' houses. I improved my english and italian there too
- I proved my social and language skills also I got to see new places and humans
- I found to participate the Erasmus Project useful and interesting because it allowed me to learn better the English language, to make new friends and to know more about the environmental issues
- It provided me with unforgettable memories and it was the best week of my entire life
- It was a way not only to train English without going abroad, but it was an opportunity to meet people from other cultures and discover what differences there are between us and them, and the points in common we have
- Because I always wanted to have an experience like this, I improved my English and I met many people who were culturally different from me
- I found the Erasmus project interesting and useful both to improve and test my English and to get to know new cultures and new people
- It was a great way for me to connect with people around the world who share my love for the planet and determination to help it
- Because I always wanted to have an experience like this, I improved my English and I met many people who were culturally different from me
- Because I got to spend quality time with lots of people, see new places and learn new things
- This project was very important for me because thanks to it I am more familiar with the English language but above all it gave me many new and beautiful friendships that will have a special place in my heart for the rest of my life

2. List some of the environmental problems which affect our planet and our lives that you would like we think more about.

- Climate warming
- Impact that man has on nature
- Pollution (air, water, earth)
- The greenhouse effect
- The excessive use of fossile fuels
- Deforestation
- The melting of glaciers
- The rise of sea levels
- Loss of biodiversity
- Soil degradation
- Littering
- Carbon footprint
- Animal extinction
- Recycling better

3. Why does "to betray nature" mean "to betray us"?

- Because we are nature
- To betray nature is like destroying our only home, which can have a negative effect on our lives
- Because we are nature and if we behave badly towards it, in the end we will suffer too
- Because nature serves our survival
- We are part of nature so by harming the environment we are lowering the quality of life
- Suggests acting against the natural balance and harmony of the environment
- Since humans are an integral part of nature, betraying nature implies betraying ourselves
- The phrase "to betray nature" implies acting in a way that goes against the balance of the environment. Since human existence is interconnected with nature, harming or betraying nature will of course also harm our own well-being. It reflects the understanding that our actions have consequences for the ecosystems that sustain us

4. What do you think about climate change? Is it a threat for our existence? Why?

- Its a threat for our existence because for example in Antarctica ice is melting and from now in 10 years there are chances to flood
- Climate change is a threat of our existence because it's destroying our planet
- I think climate change is a threat to us, because with the increase in temperatures many ecosystems are being destroyed, and at some point we won't be able to live on earth anymore either. That's why something needs to be done immediately
- I think that climate change is an important challenge for us and for the planet that hosts us, if it continues at this rate I think that in the future it will no longer be so obvious to live in this world
- Everyone should do his part for stop it, is a threat for our future because, our lives will be compromised
- Climate change is leading to the melting of glaciers then the rise of water and is warming the atmosphere so there are natural disasters such as cloudbursts returned ,sudden cold ,sudden heat and moreover there are several areas of the earth that are becoming desertified
- Human activities, such as burning fossil fuels and deforestation, contribute to the accumulation of greenhouse gases, leading to global warming and I believe that climate change is a very big threat. It causes more frequent and severe weather events, rising sea levels, and disruptions to ecosystems. A lot of species of animals for example can go extinct because of the sudden climate changes and many more things that none of us wish will happen
- I think climate change is a threat for our existence if we don't do something important; that's because the planet is changing owing to climate change and, with the alteration of the planet, we could die out
- Climate change has always occurred but never at these levels, and it produces irreparable damage to our world and to ourselves
- I believe climate change is a threat to human existence, because due to global warming the sea level rise and destroys habitats and also it leads to respiratory and cardiovascular problems

- I think climate change is a threat to us, because with the increase in temperatures many ecosystems are being destroyed, and at some point we won't be able to live on earth anymore either. That's why something needs to be done immediately
- Yes it is a threat because climate change results in extreme weather phenomena, which have serious consequences for humanity
- It is a very important problem because our lives are put in danger. Likewise, the lives of future generations are in danger because global warming has a strong impact on the lives of humans, animals and plants

5. How can humans find a connection with nature? Give some suggestions.

- Everyone should try to take walks more often in the parks or forests
- I think that everyone should pass time out of cities, where there aren't any cars, buildings and people
- We can take more walks, instead of always using cars or public transport. In schools, teachers should take students to parks during physical education and teach them to respect nature
- To reconnect with nature, human beings simply need to leave the inhabited centers and take their time walking, cycling in the woods or hiking in the mountains
- Humans can find a connection with nature maybe doing a long walking in the parks, or add more green areas in big cities. They could start by searching some informations about the nature. Then they could start going in walks in the woods or they could simply just take care of a flower
- I suggested the program "green week", where we focus more on the youth and their understanding of the problem, because if more students understand how important it is to protect the ecosystem i think they would try to change something! This program should be implemented in schools because it promotes spending time outdoors, learning about nature, disconnecting from technology and gardening
- Include nature more in education
- Go more in park for a walk, alone or with friends, maybe increment the concept of recycling in the schools, return more connect with our self, in the nature
- Humans can find a connection with a nature. They can take walks in the woods, plant new trees, create vegetables gardens in their garden or on their balcony or plant flowers, don't eat animals
- Spending time together, for example respecting it by throwing waste in the appropriate bins or enjoying a day outdoors doing some activity or sport

- Going in a park, a forest, a botanical garden or any green space for that matter, so that humans can see and observe the wonders of nature
- Spending time in green areas and changing the lifestyle in something that preserves the environment and sustainability

6. What does Cultural Heritage represent for you? Is there a "place of your heart", a monument or a work of art that reflects you and that tells something about you and your most personal story? Which one and why?

- My personal place of heart is Baneasa forest city because i can spend quality time with my family and friends, and just walk and have a chill time with my thoughts
- My "place of your heart" represents me since it is a place that I always visit.
- Cascina grande is a "park" in Rozzano where i spent a lot of time during my childhood, it was in front of my elementary school so after school I could go playing football with my friends
- I think it's the cathedral of Milan, I love my city in my opinion it's one of the most beautiful in Europe
- Every forest is a place of my heart because it is relaxing place and safe place
- The place of my heart is Lake of Como, a place where I go every summer. It is a very peaceful, beautiful and relaxing place
- I don't have a real "place of heart" or a monument that tells something about me but any could be it. For example, my school, my house, a friend of mine's house, a park, the small building where I attend a theatre course. Every place where I had a good time.
- Aulanko, because it is important place of hearth!
- For me, cultural heritage is a place where you feel good and where it is important to escape from everyday life! My favorite place is the house my grandparents have in Monferrato, I love that place because it manages to take me out of normality
- As a place of my heart I chose Milan 3 because it is the place where I grew up and I think it is a very nice place especially because it is full of nature
- As a place of my heart I choose the house I have in Puglia, which is a farmhouse and the place where I grew up, rich in nature and well-being
- My place of heart is a park in Bucharest named The Cismigiu Park. I think I like this park so much because there I met all of my friends from high school when I was a freshman
- As a place of the heart I will choose my land, or Calabria. Calabria for me is the representation of freedom, a place where I feel free and find people from my childhood

- My place of heart is "Parcul Circului" because i always spend time with my friends there
- A place of heart it's something that need to be protected. For me Is the colosseum in Rome because i like It and i am fascinated by it's story
- My favorite place is Melzo because I spent a large part of my childhood in this place playing with my cousins. Melzo is a small town near Milan full of nature and I still love going to Melzo
- Cultural heritage is a source of identity, offering a sense of belonging and continuity across generations. The place of my heart is Gradina botanica (the botanical garden), a park next to my home. It holds precious memories and i am going there for as long as i can remember
- In my opinion, Cultural Heritage is a common good that it must be preserved and exploited, because it says very much about the population and it helps the evolution of the culture. I have a special "place of my heart", Galleria Vittorio Emanuele II, because every Christmas my family and I go there to breathe in the Christmas spirit
- My place of heart is the forest and the lake I'm surrounded by living here in Parola
- The cultural heritage is a program, a safe plan for the monument (natural or not) in our world. Parco Sempione is a beautiful historical and natural park in Milan. I choose this place because I remember when I was at my first pride day, in 2019, later we did a walk in the park and I felt like a child
- I really like the library Cascina Grande, especially after our visit last night together. I have many beautiful memories in that place from when I was little
- The place of my heart is my grandpa s house. I always clean my mind when I go there
- I resonate most with the museum of natural sciences "Grigore Antipa" because it was a place I visited frequently in my childhood and helped we explore my love for nature and biology. Nowadays I visit it in order to relax and enjoy the stunning expositions
- One place that is very dear to me is Circus Park (Parcul Circului), because I live right next to this park and I can say I grew up in it. I have a lot of childhood memories there, like for example in the winter I would go sledding on the downhill covered in snow. I also liked collecting autumn leaves, acorns and chestnuts and during the summer I often went in the morning to stay under the big green trees and ate an ice cream
- Cultural heritage represent a great pride as an Italian and something to preserve and protect. A monument that has a special place in my heart is San Siro stadium, because i have a lot of beautiful memories linked to this place, to his history

- Cultural Heritage represents for me all the assets of a people and a place: monuments, art, food, fashion and tradition. A place of my heart that reflects me is Vittorio Emanuele II Gallery, because of fashion, the superstition of the bull and because of the four paintings on the ceiling in the corners of the gallery. The paintings represented the four main areas of the world at the time of construction. My favorite is that of Europe because it represents ancient civilization and the tools of human knowledge

7. Have you learned SOMETHING NEW from this ERASMUS PROJECT? about Environmental Awareness and Respect? About Friendship? About you?

- Yes above all I improved my English pronunciation but also that in 5 days I never thought I would become so attached to people
- I learned more about environmental awareness and to be more responsible and respectful to nature. I learned about friendships that you can get close to people in a very short time and to respect and understand another peoples opinions and thoughts
- I learnt more about environmental protection and to be more responsible and respectful to nature. About friendship I learnt that you can get close to someone in a very short time and to respect and understand other people's opinions and thoughts
- Now I know that nature is beautiful and we need to protect it. I learned that even in five days, I can make amazing friends and now I feel more comfortable speaking in English
- I have learned that i can be social if i want
- Of course I learned a lot about all three points, I will carry this experience with me for life
- Definitely this experience helped me with English and socialize more, because I am a very shy person
- On this project it made me discover new information on environmental awareness and respect, and made me understand how much you can bond with people in just one week
- I learned something new from this project. I learned that nature is a part of each everyone of us I learned how should I protect the nature better. I also learned that a lot about Italy from my host and I really liked it. Moreover, I created friendships with so many people this week and I can't wait to meet them again
- I have learned the Spirit of Friendship and to respect nature
- I have learned a lot of things from the Erasmus project, like being more emphatic and extroverted, also how to respect nature more and that distance can't ruin a true friendship

- I have learned to be even more respectful and aware of nature. I have learned more about my friends and the friendships we have also I have discovered new things about my self
- I have learned so much during this project! I really learnt more about the environment and how important it is for us to protect it and also more about the Italians and Finnish people! I learned how to communicate better with others and i am just so very glad i had this experience
- This project has certainly helped me understand many things, for example that the saying "the world is a village" is true, that we cannot judge based on our nationality since it is not the country, but it is the education we receive that it shapes us
- Yes, I have learned many things and I am more aware of them, especially regarding friendship
- Yes I definitely learned a lot of valuable lessons!
- I learned a lot of new things about Finland and Romania and also how these countries manage the problem of pollution with all his forms. I learned how a friendship can be more powerful than a long distance and how beautiful is to meet new people from other cultures and countries.
- I understand the importance of Friendship, the importance of knowing the others and their opinions. In this project I understood that I'm more than what I think and I can do things, big things. I learnt the fact we are destroying ourself and our lives if we haven't respect of nature. So, thank you for all

8. Write your thoughts on the experience you have had with your schoolmates, teachers and with foreign partners. Please tell us which moment of the trip to Italy was the most significant for you.

- I really loved my host, Rebecca, she was perfect. She gave me the best food, a perfect place to sleep, and her family i consider them now my family
- Going to Lake Como together with my classmates was the best moment of the trip
- I think Erasmus project is a wonderful experience, I talked all the week in english and I had fun whit people from Romania and Finland
- One of the most significant moment was the trip in Parco Sempione because we had fun at the Luna park all together
- I had an excellent relationship with everyone but especially with the Romanians, the thing that I will never forget and when we said goodbye to the Romanians and we cried all together
- The most best moment was that we came really close with my host and family. Another group came really close too and I get more close to my own schoolmates too. I liked to go to Como lake because it was nature a lot

- The thing that I liked the most about this experience is that I became very close to the girl I lived with and I'm very grateful for all the friends that met. I got along with my classmates and my teachers very well
- I loved this experience and would like to do it again. The moment of the trip I liked the most was when we planted the seeds in the Noverasco school. I had a lot of fun and i talked a lot with the Finnish and Romanian guys
- Everything was pretty awesome!
- It was a wonderful experience, at the beginning I didn't know anyone, but I immediately made friends with my classmates and from the other school and obviously also with foreigners, my favorite moments were the evenings around Milan. Thank you all for this experience
- The trip was amazing! I loved everybody. Favorite moment was Como Lake
- I was very lucky because I was fine with the girl I hosted, but not only with her, even with the other guys, in fact in a short time we created a very united group. The most significant moment was for me the first time we went to the Duomo, everyone was stunned and this made me very proud of my city
- I think that this experience is unforgettable, and that it has enriched me from all points of life, I made friends in a very short time and I strengthened others, the moment that I liked the most was perhaps the final goodbyes because it was understood how much we all care
- I had one of the best experiences this week with my schoolmates and foreign partners. We laughed a lot and we got to know each other
- I really liked the Duomo and I also liked the time that I spend with my host talking about each other's life and learning new things about each other
- For now the experience of Erasmus was the best of 2024. I bonded a lot with the girl I hosted and I got along very well with the other guys. The best time was Monday, we had the opportunity to stay for the first time all together starting to know aspects of the other. This experience was really the best
- I had a great experience with everyone, all of the people that I've met are amazing people. A significant moment of the trip to Italy is when we went to the Dom, because it was one of the most beautiful things I have ever seen
- I really likes the experience and i mostly likes the moments not in the program but when we were all together
- The Erasmus week was one of the most beautiful weeks I have ever experienced, my favorite moment was Monday because we managed to be Italian, Finnish and Romanian all together and we all got to know each other, we learned everyone's words and 3 countries and we had a lot of fun!!!

- I loved my experience on this Erasmus project and I think me and my classmates and teachers got closer on this trip. I also met so much nice and amazing people and will continue to keep in touch with them. The most significant moment on the trip was the first day of the program where we went around Milan seeing many sights and also spending time with other people and getting to know them
- I loved everyday of this project in Italy and meeting new people made me excited. Everybody was very nice and I loved to see Italian culture very close. My favorite day was Monday when visiting the cathedral and the center of Milan
- The most significant part was the trip to Como Lake since I haven't seen proper mountains before
- Absolutely awesome, I loved every moment! Everyone was so very nice! The most significant moment that I will never forget was on the last day when us, Romanians, left Italy. I don't usually cry but when I saw everyone I had such a great time with for the past week tears started flowing and I wasn't the only one crying :)! I hugged everyone and it was such a precious memory I will treasure! I also liked the debate we did and the activities! Thank you
- This experience allowed me to approach my schoolmates, to have a different relationship between me and the teachers and to deal with foreign partners and their culture
- I really liked the week spent there but I think it was a little bit chaotic
- The moment of the trip that was the most significant for me was the departure of the Romanian students, because I realized how in five days I became so attached to those guys and how I was lucky I was to have participated in this project
- The most significant moment was when I went to the Duomo, I really loved the building and now it is my favorite place in Milan
- We had the best group possible and I had the best possible family for me. My exchange student and I cried more than the girls while I was leaving for the airport back home. That was the most unforgettable moment
- I'm happy to have had this experience but sad that I won't leave in April, I would definitely do it again
- The best moments were certainly the last days, where the group had become more confident and we were more united
- The best moment in that week was on Monday. I was with the Romanian's group at lunch and I felt for the first time in 1 month not the pressure, not worrying, not stressed, just happy, just myself. Also, a beautiful moment was on Wednesday, when all of the Italian Students organized a meeting with each other for not to lose anyone. We were friends and schoolmates. And the end, Friday, when the Romanians' group left, all of us cried, we were so sad and desperate. A beautiful moment and unforgettable feeling

- It was very nice even if there were some small problems but those are always there. However, a very nice experience, I would definitely do it again
- The most significant moment of the trip I consider to be when we visit the school in Noverasco and got to connect more with all the students while doing activities new to all of us and have fun learning about what they teach there (agriculture)
- It was a fantastic experience. I especially thank the professors for giving me this fantastic opportunity. There wasn't a beautiful moment, but every day was beautiful because I met fantastic people with whom I communicate every day and there is nothing more beautiful than this
- To describe the project I have only positive words. At first I was a little scared because I didn't know anyone, not even my Italian schoolmates, but they were all nice, kind and welcoming. We want to try to maintain relationships even though this project is over and I think that's a good thing. I don't have a more significant moment, because I think the whole week was incredible
- It was a fantastic experience. I especially thank the professors for giving me this fantastic opportunity
- There wasn't a beautiful moment, but every day was beautiful because I met fantastic people with whom I communicate every day and there is nothing more beautiful than this
- I feel like every day was special and significant in its own way so it would be impossible for me to pick a single moment. Probably one of the best experiences of my life
- I think it is an experience that will remain in my heart forever and I thank everyone who participated and above all those who made all this possible. I think that an experience of this kind, particularly mine and that of my companions, brings responsibility with regards to awareness of culture and responsibility for respect for the environment but above all it enriches the individual in terms of personality and relationships with others. Truly fantastic days that I would immediately relive if I were allowed to. Moi Moi.

